

Advice and help

Diabetes organisations

JDRF - the world's leading type 1 diabetes research charity

jdrf.org.uk

Diabetes UK

www.diabetes.org.uk/careline

Diabetes UK videos and info made by and for young adults with T1 diabetes

<https://www.diabetes.org.uk/Guide-to-diabetes/Type-1-Uncut-for-young-adults/>

Diabetes Ireland

www.diabetes.ie

Diabetes UK careline:

0345 123 2399

INPUT

www.inputdiabetes.org.uk

Other organisations

NHS Choices

www.nhs.uk

Department of Health

www.dh.gov.uk

NICE

www.nice.org.uk

Medic Alert

www.medicalert.org.uk

01908 951045

Medi-Tag

www.medi-tag.co.uk

0121 200 1616

Driver and Vehicle Licensing Agency

<https://www.gov.uk/diabetes-driving>

Alcohol Concern

www.alcoholconcern.org.uk

0207 9287377

Family Planning Association

www.fpa.org.uk

SMOKEFREE

www.nhs.uk/smokefree

0800 022 4332

Giving Up Smoking

www.givingupsmoking.co.uk

0800 169 0169

Action on Smoking and Health

www.ash.org.uk

0207 739 5902

Fast Forward

www.fastforward.org.uk

0131 5544300

National drugs helpline

www.talktofrank.com

0800 776600

Childline

www.childline.org.uk

0800 1111

Samaritans

0845 7909090

Higher education UCAS-Finding a course

<https://www.ucas.com/ucas/undergraduate/choosing-course>

UCAS-Disability Student Allowance

<https://www.ucas.com/ucas/undergraduate/getting-started/individual-needs/students-disabilities>

Advice and help

Disabled Students' Allowance

<https://www.gov.uk/disabled-students-allowances-dsas>

England:

www.gov.uk

Wales:

www.studentfinancewales.co.uk

Northern Ireland:

www.nidirect.gov.uk

Scotland:

www.saas.gov.uk

Studying abroad

www.thirdyearabroad.com

www.erasmusplus.org.uk

www.gov.uk

Online forums/advice

Insulin pumpers

www.insulin-pumpers.org.uk

Diabetes support forums

www.diabetessupport.co.uk

Student Health

<http://www.studenthealth.co.uk/>

DAFNE online community

<http://www.dafneonline.co.uk/>

Diabetes information

www.diabetes.co.uk

The Mix

<http://www.themix.org.uk/>

Diet

Carbs and Cals

www.carbsandcals.com

Glycaemic index

www.glycaemicindex.com

DAFNE

www.dafne.uk.com

Exercise

Runsweet

www.runsweet.com

Emotional health

Depression UK

www.depressionuk.org

Mind

www.mind.org.uk

Youth Forum

www.youthhealthtalk.org

Family Planning

www.fpa.org.uk

Personal Independence payment advice

www.gov.uk/pip/overview

Insulin pumps

Advanced Therapeutics (Dana)

www.advancedtherapeuticsuk.com

Animas

www.animas.com

Advice and help

Cellnovo

www.cellnovo.com

Medtronic

<http://www.medtronic.com/>

Roche (Accu-chek)

www.accu-chek.co.uk

Omnipod

www.mylife-diabetescare.co.uk

Insulin companies

Novo Nordisk

0845 6005055

(Novorapid/Novomix 30/Levemir)

Lilly

01256 315999

(Humalog Mix 25/Mix 50)

Sanofi Aventis

0845 6066887

(Lantus/Apidra)

Meter problems

Bayer Contour next

01635 563000

One touch

0800 121200

Accucheck

0800 701000

Abbott Freestyle, optimum

0500 467466